

Greenhead 5K Run/Walk
Benefits: Slaughter Beach Memorial Fire company
Milfor, Delaware
Sunday, September 19, 2021 - Sunny - 75 Degrees
Trisports Events Production

5K Run

PLC	Name	City	Bib No	Age	Age PLC	Chip	Gun	Pace
1	Matt Sparacino	Harrington DE	1677	43	1:Open	18:46.5	18:46.5	6:03/M
2	Jason Duncan	Claytonn DE	1627	36	1:M 30-39	22:07.6	22:08.6	7:09/M
3	Duane Christy	Havre De Grace MD	1697	58	1:Masters	22:40.6	22:40.6	7:19/M
4	Andrew Duncan	Claytonn DE	1626	30	2:M 30-39	22:46.0	22:46.9	7:21/M
5	Rob Carroll	Milford DE	1700	37	3:M 30-39	23:18.8	23:21.4	7:32/M
6	Spencer Bassette	Milford DE	1701	31	4:M 30-39	24:05.7	24:09.0	7:47/M
7	Dominic Catalano	Bloomington NJ	1618	36	5:M 30-39	24:09.8	24:12.6	7:49/M
8	Remi Fournier	Springfield VA	1708	54	1:M 50-59	25:15.8	25:38.2	8:16/M
9	Jodee Mariani	Clayton DE	1656	43	1:Open	25:28.7	25:28.7	8:13/M
10	Douglas Greenwood	Mahopac NY	1639	54	2:M 50-59	25:30.5	25:30.5	8:14/M
11	Andrew Rosko	Camden Wyoming DE	1707	38	6:M 30-39	25:46.7	25:47.7	8:19/M
12	Alicia Vogel	Smyrna DE	1685	33	1:F 30-39	26:12.6	26:25.0	8:31/M
13	John Yanacek	Milford DE	1690	55	3:M 50-59	26:25.5	26:29.7	8:33/M
14	Frank Whittington	Middletown DE	1696	71	1:M 70-99	26:27.1	26:28.0	8:32/M
15	Nathaniel Backhaus	Milford DE	1702	36	7:M 30-39	26:36.7	26:39.5	8:36/M
16	Todd Eskelsen	Kensington MD	1632	62	1:M 60-69	26:57.2	26:59.8	8:43/M
17	Michael Reed	Aberdeen MD	1671	45	1:M 40-49	27:10.6	27:14.2	8:47/M
18	Zach Black	Milford DE	1705	13	1:M 11-14	27:21.9	27:21.9	8:50/M
19	Cayla Jakubowitz	Palmyra PA	1650	36	2:F 30-39	27:26.6	27:34.4	8:54/M
20	Joan Page	Magnolia DE	1664	51	1:Masters	27:33.0	27:33.0	8:53/M
21	Margaux Deputy	Middletown DE	1621	21	1:F 20-29	27:55.3	27:55.3	9:00/M
22	Jamie Draper	Milford DE	1625	59	1:F 50-59	28:48.9	28:53.2	9:19/M
23	Peter Wadsworth	Dover DE	1686	53	4:M 50-59	28:52.7	29:05.6	9:23/M
24	Larry Meinert	Milford DE	1658	68	2:M 60-69	29:02.1	29:16.5	9:27/M
25	James Bonner	Milford DE	1615	60	3:M 60-69	29:10.4	29:11.4	9:25/M
26	Chip Guy	Laurel DE	1641	47	2:M 40-49	29:18.5	29:25.5	9:30/M
27	Rob Ridgeway	Camden DE	1714	44	3:M 40-49	29:37.6	29:42.3	9:35/M
28	Alexis Ridgeway	Camden DE	1713	41	1:F 40-49	29:38.0	29:42.5	9:35/M
29	Louise Bassette	Milford DE	1699	33	3:F 30-39	30:02.6	30:07.7	9:43/M
30	Joanne Hastings	Harrington DE	1642	44	2:F 40-49	30:16.2	30:22.0	9:48/M
31	Jaime Rosevear	Salisbury MD	1711	39	4:F 30-39	30:16.5	30:25.8	9:49/M
32	Cammeron Hardesty	Seaford DE	1710	9	1:M 1-10	30:17.2	30:27.4	9:49/M
33	Kathy Kunkle	Milford DE	1653	67	1:F 60-99	30:29.9	30:33.9	9:52/M
34	Lauren Rust	Milford DE	1673	30	5:F 30-39	30:33.5	30:39.4	9:53/M
35	Lauren Hipszer	Allentown PA	1644	34	6:F 30-39	30:57.6	31:06.5	10:02/M
36	Terry Wooters	Seaford DE	1689	29	1:M 20-29	31:10.7	31:27.4	10:09/M
37	Henry Black	Milford DE	1706	11	2:M 11-14	31:39.6	31:49.6	10:16/M
38	Angela Guy	Laurel DE	1640	45	3:F 40-49	32:38.4	32:45.5	10:34/M
39	Tom Keating	Millsboro DE	1651	73	2:M 70-99	32:46.4	32:48.7	10:35/M
40	Aaron Stone	Milford DE	1681	31	8:M 30-39	32:53.9	33:19.3	10:45/M
41	Laurie Yanacek	Milford DE	1691	56	2:F 50-59	34:20.7	34:30.7	11:08/M
42	Eric Walls	Marydel MD	1712	36	9:M 30-39	34:45.1	34:50.3	11:14/M
43	Emily Moerer	Milford DE	1703	47	4:F 40-49	34:56.8	35:06.1	11:19/M

44	Ben Black	Milford DE	1704	46	4:M 40-49	34:56.9	35:06.0	11:19/M
45	Alyssa Prettyman	Lewes DE	1668	28	2:F 20-29	35:06.4	35:23.4	11:25/M
46	Molly Breeding	Harrington DE	1698	60	2:F 60-99	35:31.6	35:42.5	11:31/M
47	Jared Whaley	Lewes DE	1687	32	10:M 30-39	35:32.8	35:49.7	11:33/M
48	Heather Hennessy	Dover DE	1643	53	3:F 50-59	35:50.7	35:57.3	11:36/M
49	Taffi Lang	Dover DE	1654	51	4:F 50-59	36:09.6	36:16.2	11:42/M
50	Louise Holt	Milford DE	1646	64	3:F 60-99	36:47.2	36:55.6	11:55/M
51	Larry Price	Middletown DE	1669	79	3:M 70-99	36:58.4	37:05.9	11:58/M
52	Kate Fleming	Milford DE	1634	39	7:F 30-39	37:03.9	37:12.0	12:00/M
53	Arleen Murchison	Dover DE	1661	59	5:F 50-59	42:49.8	43:01.0	13:53/M
54	Georgia Yuan	Washington DC	1692	67	4:F 60-99	44:12.8	44:27.4	14:20/M
55	Morris Deputy	Middletown DE	1622	49	5:M 40-49	44:38.6	44:42.6	14:25/M
56	Leeann Waltz	Milton DE	1709	59	6:F 50-59	44:40.5	44:52.4	14:29/M
57	Don Stein	Dover DE	1478	72	4:M 70-99	45:35.4	45:51.4	14:48/M
58	Charles Matthews	Camden Wyoming DE	1657	73	5:M 70-99	47:14.1	47:21.7	15:17/M

5K WALK

PLC	Name	City	Bib No	Age	Age PLC	Chip	Gun	Pace
1	Don Zalenski	Magnolia DE	1693	75	1:WLK	37:18.2	37:18.2	12:02/M
2	Nick Eckhart	Baltimore MD	1499	25	2:WLK	37:22.0	37:22.0	12:03/M
3	Abby Chow	Felton DE	1619	29	1:WLK	39:04.8	39:04.8	12:36/M
4	Amy Zook	Magnolia DE	1695	44	2:WLK	39:08.1	39:08.1	12:37/M
5	Tom Molin	Townsend DE	1660	69	3:WLK	41:45.4	41:45.4	13:28/M
6	Alan Firlein	Rock Hall MD	1633	83	4:WLK	41:53.2	41:53.2	13:31/M
7	Rosita Burton	Lincoln DE	1616	49	3:WLK	42:56.6	42:56.6	13:51/M
8	Barry Breeding	Harrington DE	1473	62	5:WLK	43:16.2	43:16.2	13:57/M
9	Lauren Chow	Wilmington DE	1198	27	4:WLK	44:17.6	44:17.6	14:17/M
10	Brennan Soileau	San Antonio TX	1199	28	1:M 1-99	44:24.0	44:30.8	14:22/M
11	Alex Zebrowski	Milton DE	1694	34	2:M 1-99	44:49.6	45:01.5	14:31/M
12	Geraldine Dallesandro	Magnolia DE	639	61	1:F 1-99	45:00.9	45:11.9	14:35/M
13	Jessica Kerin	Milton DE	1652	28	5:WLK	45:02.0	45:02.0	14:32/M
14	Bob Carroll	Milford DE	514	82	3:M 1-99	45:18.4	45:36.1	14:43/M
15	Marta Raccio	Dover DE	1670	63	2:F 1-99	47:41.2	47:56.6	15:28/M
16	Sheena Rosko	Camden Wyoming DE	666	39	3:F 1-99	47:41.3	47:56.5	15:28/M
17	Kaitlyn Rosko	Camden Wyoming DE	669	18	4:F 1-99	47:42.1	47:56.7	15:28/M
18	Tyjeen Erisman	Milford DE	1631	14	4:M 1-99	48:15.5	48:34.6	15:40/M
19	Millie Donnell	Milford DE	1624	70	5:F 1-99	49:24.6	49:40.4	16:01/M
20	Mike Erisman	Milford DE	1629	65	5:M 1-99	50:37.9	50:57.5	16:26/M
21	Kathy Stalgaitis	Milford DE	1680	64	6:F 1-99	50:45.2	51:02.1	16:28/M
22	Bob Stalgaitis	Milford DE	1678	65	6:M 1-99	50:47.9	51:05.7	16:29/M
23	Adam Bethke	Kensington MD	1613	30	7:M 1-99	50:48.4	51:04.8	16:29/M
24	Carolyn Stalgaitis	Kensington MD	1679	30	7:F 1-99	50:48.8	51:05.3	16:29/M
25	Jayvon Erisman	Milford DE	1628	17	8:M 1-99	50:53.3	50:57.3	16:26/M
26	Roxana Moayed	Milford DE	1659	70	8:F 1-99	52:42.8	53:03.6	17:07/M
27	Dieter Bilitza	Milford DE	1614	71	9:M 1-99	52:43.3	53:04.3	17:07/M
28	Tricia Anne Saunders	Milford DE	1674	60	9:F 1-99	52:43.9	53:03.5	17:07/M
29	Marie Noplock	Lutherville Timonium MD	1715	72	10:F 1-99	52:57.7	53:17.8	17:12/M
30	Dana Byrd	Milford DE	1617	50	11:F 1-99	55:14.3	55:27.1	17:53/M
31	Nina Shapiro	Milford DE	474	67	12:F 1-99	58:20.7	58:45.8	18:57/M
32	Barry David	Milford DE	468	69	10:M 1-99	58:21.9	58:46.0	18:57/M

Age Group Results

Female Open Champion

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Jodee Mariani	Clayton DE	43	9 25:28.7	25:28.7	8:13/M

Female Masters Champion

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Joan Page	Magnolia DE	51	20 27:33.0	27:33.0	8:53/M

Female 10 and Under

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	No Finishers		1			

Female 11 to 14

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	No Finishers		11			

Female 15 to 19

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	No Finishers		15			

Female 20 to 29

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Margaux Deputy	Middletown DE	21	21 27:55.3	27:55.3	9:00/M
2	Alyssa Prettyman	Lewes DE	28	45 35:06.4	35:23.4	11:25/M

Female 30 to 39

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Alicia Vogel	Smyrna DE	33	12 26:12.6	26:25.0	8:31/M
2	Cayla Jakubowitz	Palmyra PA	36	19 27:26.6	27:34.4	8:54/M
3	Louise Bassette	Milford DE	33	29 30:02.6	30:07.7	9:43/M
4	Jaime Rosevear	Salisbury MD	39	31 30:16.5	30:25.8	9:49/M
5	Lauren Rust	Milford DE	30	34 30:33.5	30:39.4	9:53/M
6	Lauren Hipszer	Allentown PA	34	35 30:57.6	31:06.5	10:02/M
7	Kate Fleming	Milford DE	39	52 37:03.9	37:12.0	12:00/M

Female 40 to 49

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Alexis Ridgeway	Camden DE	41	28 29:38.0	29:42.5	9:35/M
2	Joanne Hastings	Harrington DE	44	30 30:16.2	30:22.0	9:48/M
3	Angela Guy	Laurel DE	45	38 32:38.4	32:45.5	10:34/M
4	Emily Moerer	Milford DE	47	43 34:56.8	35:06.1	11:19/M

Female 50 to 59

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Jamie Draper	Milford DE	59	22 28:48.9	28:53.2	9:19/M
2	Laurie Yanacek	Milford DE	56	41 34:20.7	34:30.7	11:08/M
3	Heather Hennessy	Dover DE	53	48 35:50.7	35:57.3	11:36/M
4	Taffi Lang	Dover DE	51	49 36:09.6	36:16.2	11:42/M
5	Arleen Murchison	Dover DE	59	53 42:49.8	43:01.0	13:53/M
6	Leeann Waltz	Milton DE	59	56 44:40.5	44:52.4	14:29/M

Female 60 and Over

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Kathy Kunkle	Milford DE	67	33 30:29.9	30:33.9	9:52/M
2	Molly Breeding	Harrington DE	60	46 35:31.6	35:42.5	11:31/M
3	Louise Holt	Milford DE	64	50 36:47.2	36:55.6	11:55/M
4	Georgia Yuan	Washington DC	67	54 44:12.8	44:27.4	14:20/M

Male Open Champion

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Matt Sparacino	Harrington DE	43	1 18:46.5	18:46.5	6:03/M

Male Masters Champion

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Duane Christy	Havre De Grace MD	58	3 22:40.6	22:40.6	7:19/M

Male 10 and Under

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Cammeron Hardesty	Seaford DE	9	32 30:17.2	30:27.4	9:49/M

Male 11 to 14

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Zach Black	Milford DE	13	18 27:21.9	27:21.9	8:50/M
2	Henry Black	Milford DE	11	37 31:39.6	31:49.6	10:16/M

Male 15 to 19

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	No Finishers		15			

Male 20 to 29

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Terry Wooters	Seaford DE	29	36 31:10.7	31:27.4	10:09/M

Male 30 to 39

PLC	Name	City	Age	O'All Chip	Gun	Pace
1	Jason Duncan	Claytonn DE	36	2 22:07.6	22:08.6	7:09/M

2	Andrew Duncan	Claytonn DE	30	4	22:46.0	22:46.9	7:21/M
3	Rob Carroll	Milford DE	37	5	23:18.8	23:21.4	7:32/M
4	Spencer Bassette	Milford DE	31	6	24:05.7	24:09.0	7:47/M
5	Dominic Catalano	Bloomington NJ	36	7	24:09.8	24:12.6	7:49/M
6	Andrew Rosko	Camden Wyoming DE	38	11	25:46.7	25:47.7	8:19/M
7	Nathaniel Backhaus	Milford DE	36	15	26:36.7	26:39.5	8:36/M
8	Aaron Stone	Milford DE	31	40	32:53.9	33:19.3	10:45/M
9	Eric Walls	Marydel MD	36	42	34:45.1	34:50.3	11:14/M
10	Jared Whaley	Lewes DE	32	47	35:32.8	35:49.7	11:33/M

Male 40 to 49

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Michael Reed	Aberdeen MD	45	17 27:10.6	27:14.2	8:47/M
2 Chip Guy	Laurel DE	47	26 29:18.5	29:25.5	9:30/M
3 Rob Ridgeway	Camden DE	44	27 29:37.6	29:42.3	9:35/M
4 Ben Black	Milford DE	46	44 34:56.9	35:06.0	11:19/M
5 Morris Deputy	Middletown DE	49	55 44:38.6	44:42.6	14:25/M

Male 50 to 59

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Remi Fournier	Springfield VA	54	8 25:15.8	25:38.2	8:16/M
2 Douglas Greenwood	Mahopac NY	54	10 25:30.5	25:30.5	8:14/M
3 John Yanacek	Milford DE	55	13 26:25.5	26:29.7	8:33/M
4 Peter Wadsworth	Dover DE	53	23 28:52.7	29:05.6	9:23/M

Male 60 to 69

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Todd Eskelsen	Kensington MD	62	16 26:57.2	26:59.8	8:43/M
2 Larry Meinert	Milford DE	68	24 29:02.1	29:16.5	9:27/M
3 James Bonner	Milford DE	60	25 29:10.4	29:11.4	9:25/M

Male 70 and Over

PLC Name	City	Age	O'All Chip	Gun	Pace
1 Frank Whittington	Middletown DE	71	14 26:27.1	26:28.0	8:32/M
2 Tom Keating	Millsboro DE	73	39 32:46.4	32:48.7	10:35/M
3 Larry Price	Middletown DE	79	51 36:58.4	37:05.9	11:58/M
4 Don Stein	Dover DE	72	57 45:35.4	45:51.4	14:48/M
5 Charles Matthews	Camden Wyoming DE	73	58 47:14.1	47:21.7	15:17/M