

Greenhead 5K Run/Walk

Benefits: The Delaware Nature Society & The Slaughter Beach Fire Department

Saturday, May 06, 2018 - Slaughter Beach, DE

A Trisports Events Production

Overall Finish List

5K Run									
PLC	Name	City	Bib	Age	Age PLC	Chip	Gun	Pace	
1	Ryan Lewis	Charleston SC	2432	29	1 Open	20:05.0	20:05.0	6:29/M	
2	Gerard Jones	Milford DE	2425	43	1 Masters	20:31.0	20:31.0	6:37/M	
3	Matt Sparacino	Harrington DE	2459	40	1 M 40-49	20:35.2	20:36.1	6:39/M	
4	Charity Farrell	Jonestown PA	2886	44	1 Open	21:20.4	21:20.4	6:53/M	
5	Greg Massey	Felton DE	2038	48	2 M 40-49	21:29.6	21:30.5	6:56/M	
6	Andrew Rosko	Camden Wyoming DE	2452	35	1 M 30-39	21:52.7	21:53.4	7:04/M	
7	Max Slaiman	Washington DC	2014	28	1 M 20-29	22:12.3	22:15.0	7:11/M	
8	Faith Mitchell	Milford DE	2066	12	1 F 11-14	22:19.6	22:21.0	7:13/M	
9	Stephanie Garber	Dover DE	2871	33	1 F 30-39	22:30.9	22:34.1	7:17/M	
10	Dj Garber	Dover DE	2860	33	2 M 30-39	22:54.3	23:03.5	7:26/M	
11	John Blackford	Milton DE	2905	41	3 M 40-49	23:58.8	24:00.1	7:45/M	
12	Jayvon Laguerre	Milford DE	2429	14	1 M 11-14	24:48.7	24:50.4	8:01/M	
13	Caiden Garber	Dover DE	2873	12	2 M 11-14	24:56.4	24:57.7	8:03/M	
14	Chip Tucker	Annapolis MD	2461	55	1 M 50-59	25:01.0	25:02.5	8:05/M	
15	Steve Ridzon	Annapolis MD	2451	38	3 M 30-39	25:30.0	25:33.9	8:15/M	
16	The Caboose	Seaford DE	2876	63	1 M 60-69	26:16.7	26:20.2	8:30/M	
17	Karen Bennett	Milford DE	2395	48	1 Masters	26:20.0	26:20.0	8:30/M	
18	Kaleb Cruise	Creston NE	2001	31	4 M 30-39	26:38.9	26:40.7	8:36/M	
19	Craig Parson	Lawrenceville NJ	2448	64	2 M 60-69	26:45.1	26:47.7	8:38/M	
20	Kristie Kennedy	Raleigh NC	2426	32	2 F 30-39	27:17.3	27:22.8	8:50/M	
21	Garret Valencik	Smyrna DE	2061	34	5 M 30-39	27:24.2	27:35.2	8:54/M	
22	Claire Watkins	Milford DE	2875	44	1 F 40-49	27:40.5	27:41.0	8:56/M	
23	Emily Estes	Milton DE	2057	30	3 F 30-39	27:47.7	27:54.7	9:00/M	
24	Matthew Breece	Milford DE	2397	36	6 M 30-39	28:41.8	28:48.4	9:17/M	
25	Carol Meteyer	Milford DE	2439	64	1 F 60-99	28:54.2	28:56.8	9:20/M	
26	Kathy Kunkle	Milford DE	2428	63	2 F 60-99	29:26.1	29:28.4	9:30/M	
27	John Forest	Minden NV	2410	64	3 M 60-69	29:32.3	29:38.9	9:34/M	
28	Jade Carter	Milton DE	2915	12	2 F 11-14	29:59.9	30:02.4	9:41/M	
29	Mark Carter	Milton DE	2914	44	4 M 40-49	30:02.6	30:05.1	9:42/M	
30	Owen Rosko	Camden Wyoming DE	2455	9	1 M 1-10	30:30.1	30:35.6	9:52/M	
31	Amy Zook	Magnolia DE	2468	40	2 F 40-49	30:35.0	30:38.4	9:53/M	
32	Kaitlyn Rosko	Camden Wyoming DE	2454	14	3 F 11-14	30:48.0	30:53.3	9:58/M	
33	Javier Suarez	Seaford DE	2013	49	5 M 40-49	31:31.8	31:34.3	10:11/M	
34	Jeff White	Silver Spring MD	2012	39	7 M 30-39	31:51.5	31:55.2	10:18/M	
35	Andria Burke	Milton DE	2027	39	4 F 30-39	32:06.7	32:10.1	10:23/M	
36	David Waslewski	Philadelphia PA	2039	61	4 M 60-69	32:45.3	32:49.9	10:35/M	
37	Cheryl Myers	Slaughter Beach DE	2859	57	1 F 50-59	32:49.2	32:50.1	10:35/M	
38	Silene Mafezoli	Curitiba	2436	50	2 F 50-59	33:39.2	33:45.7	10:53/M	
39	Louise Holt	Milford DE	2423	60	3 F 60-99	33:48.8	33:55.6	10:56/M	
40	Mark Pinkus	Selbyville DE	2056	62	5 M 60-69	34:16.5	34:18.5	11:04/M	
41	Mike Hahn	Smyrna DE	2418	50	2 M 50-59	34:21.0	34:26.7	11:06/M	

42	Kate Fleming	Milford DE	2409	36	5 F 30-39	35:32.3	35:39.2	11:30/M
43	TJ Gonzon	Middletown DE	2018	13	3 M 11-14	37:17.2	37:32.7	12:06/M
44	Isabela Comer	Solomons MD	2916	10	1 F 1-10	40:58.5	41:00.2	13:14/M
45	Chris Comer	Solomons MD	2917	51	3 M 50-59	40:59.1	41:00.7	13:14/M
46	Scott Frizzell	Chadds Ford PA	2412	52	4 M 50-59	42:12.4	42:23.9	13:40/M
47	Emily Rosko	Camden Wyoming DE	2453	10	2 F 1-10	43:08.3	43:15.7	13:57/M
48	Sheena Rosko	Camden Wyoming DE	2456	36	6 F 30-39	43:15.3	43:23.2	14:00/M
49	Charles Matthews	Camden DE	2437	70	1 M 70-99	44:23.6	44:25.8	14:20/M
50	Gwen Guerke	Milford DE	2417	70	4 F 60-99	45:38.7	45:46.5	14:46/M
51	Elizabeth Marine	Seaford DE	2121	12	4 F 11-14	46:25.2	46:27.7	14:59/M
52	Lucas Baechtold Da Si	Curitiba	2394	30	8 M 30-39	46:32.5	46:39.3	15:03/M
53	Kayla Gonzon	Middletown DE	2015	15	1 F 15-19	51:04.5	51:21.1	16:34/M
54	Kim Gonzon	Middletown DE	2416	43	3 F 40-49	51:13.9	51:29.2	16:36/M
55	Jill Dyer	Church Hill MD	2406	44	4 F 40-49	52:10.5	52:24.3	16:54/M
56	Camryn Dyer	Church Hill MD	2405	18	2 F 15-19	55:16.9	55:30.9	17:54/M
57	Jm Van Pelt	Burke VA	2464	32	7 F 30-39	1:00:14.0	1:00:37.0	19:33/M
58	Becky Van Pelt	Burke VA	2463	35	8 F 30-39	1:00:14.6	1:00:37.5	19:33/M

5K Walk

PLC	Name	City	Bib	Age	Age PLC	Chip	Gun	Pace
1	Tom Molin	Townsend DE	2444	66	1 M 1-99	41:08.2	41:16.7	13:19/M
2	Bob Carroll	Milford DE	2120	79	2 M 1-99	41:50.1	41:54.3	13:31/M
3	Jamie Anderson	Wilmington DE	2393	38	1 F 1-99	42:23.0	42:35.4	13:44/M
4	Chuck Little	Rehoboth Beach DE	2433	68	3 M 1-99	42:41.7	42:44.8	13:47/M
5	Tom Reiss	Milford DE	2122	64	4 M 1-99	42:50.6	42:54.9	13:50/M
6	Debbie Johnson	Middletown DE	2424	59	2 F 1-99	42:53.7	42:58.0	13:52/M
7	David Anderson	Wilmington DE	2392	34	5 M 1-99	43:06.2	43:20.4	13:59/M
8	Chris Mirra	Milford DE	2442	65	6 M 1-99	47:14.7	47:25.1	15:18/M
9	Renee Wright	Milford DE	2467	65	3 F 1-99	47:15.4	47:25.1	15:18/M
10	Marie Dalton	Milford DE	2402	70	4 F 1-99	47:49.0	48:01.7	15:29/M
11	Ashley Kroon	Milford DE	2427	34	5 F 1-99	48:24.2	48:34.5	15:40/M
12	Anthony Gonzon	Middletown DE	2415	44	7 M 1-99	49:03.1	49:19.7	15:55/M
13	Ty Laguerre	Milford DE	2430	10	8 M 1-99	52:10.3	52:18.8	16:52/M
14	Dieter Bilitza	Milford DE	2396	68	9 M 1-99	52:53.8	53:04.0	17:07/M
15	Roxana Moayed	Milford DE	2443	67	6 F 1-99	52:55.4	53:03.2	17:07/M
16	Robert Kenoe	Milford DE	2124	64	10 M 1-99	53:10.4	53:19.6	17:12/M
17	Warren McSpadden	Warners NY	2438	64	11 M 1-99	53:53.0	54:05.6	17:27/M
18	Margaret Lewis	Rocky Mount NC	2431	57	7 F 1-99	53:53.2	54:05.7	17:27/M
19	Mary Jo Wood	Milford DE	2466	62	8 F 1-99	54:45.0	54:58.7	17:44/M
20	Barbie Tatman	Houston DE	2460	55	9 F 1-99	54:45.6	54:49.2	17:41/M
21	Brie Dalious	Houston DE	2401	19	10 F 1-99	54:45.7	54:48.9	17:41/M
22	Jane Madden	Milford DE	2123	64	11 F 1-99	54:48.8	54:59.5	17:44/M
23	Dana Byrd	Milford DE	2399	47	12 F 1-99	55:17.2	55:30.2	17:54/M
24	Alicia Parson	Lawrenceville NJ	2447	65	13 F 1-99	58:42.4	58:48.2	18:58/M
25	Christine Heyse	Milford DE	2421	69	12 M 1-99	58:43.0	58:48.2	18:58/M
26	Stephen Heyse	Milford DE	2422	70	13 M 1-99	58:48.8	58:48.8	18:58/M
27	Elizabeth Porter	Gladwyne PA	2449	66	14 F 1-99	59:53.3	1:00:06.2	19:23/M
28	Millie Donnell	Milford DE	2404	66	15 F 1-99	1:00:14.6	1:00:36.7	19:33/M
29	G Erisman	Milford DE	2407	63	14 M 1-99	1:07:08.9	1:07:18.5	21:43/M
30	Patti Erisman	Milford DE	2408	64	16 F 1-99	1:07:12.0	1:07:19.3	21:43/M

Age Group Results

Female Open Champion

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Charity Farrell	Jonestown PA	44	4	21:20.4	21:20.4	6:53/M

Female Masters Champion

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Karen Bennett	Milford DE	48	17	26:20.0	26:20.0	8:30/M

Female 10 and Under

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Isabela Comer	Solomons MD	10	44	40:58.5	41:00.2	13:14/M
2	Emily Rosko	Camden Wyoming DE	10	47	43:08.3	43:15.7	13:57/M

Female 11 to 14

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Faith Mitchell	Milford DE	12	8	22:19.6	22:21.0	7:13/M
2	Jade Carter	Milton DE	12	28	29:59.9	30:02.4	9:41/M
3	Kaitlyn Rosko	Camden Wyoming DE	14	32	30:48.0	30:53.3	9:58/M
4	Elizabeth Marine	Seaford DE	12	51	46:25.2	46:27.7	14:59/M

Female 15 to 19

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Kayla Gonzon	Middletown DE	15	53	51:04.5	51:21.1	16:34/M
2	Camryn Dyer	Church Hill MD	18	56	55:16.9	55:30.9	17:54/M

Female 30 to 39

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Stephanie Garber	Dover DE	33	9	22:30.9	22:34.1	7:17/M
2	Kristie Kennedy	Raleigh NC	32	20	27:17.3	27:22.8	8:50/M
3	Emily Estes	Milton DE	30	23	27:47.7	27:54.7	9:00/M
4	Andria Burke	Milton DE	39	35	32:06.7	32:10.1	10:23/M
5	Kate Fleming	Milford DE	36	42	35:32.3	35:39.2	11:30/M
6	Sheena Rosko	Camden Wyoming DE	36	48	43:15.3	43:23.2	14:00/M
7	Jm Van Pelt	Burke VA	32	57	1:00:14.0	1:00:37.0	19:33/M
8	Becky Van Pelt	Burke VA	35	58	1:00:14.6	1:00:37.5	19:33/M

Female 40 to 49

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Claire Watkins	Milford DE	44	22	27:40.5	27:41.0	8:56/M
2	Amy Zook	Magnolia DE	40	31	30:35.0	30:38.4	9:53/M
3	Kim Gonzon	Middletown DE	43	54	51:13.9	51:29.2	16:36/M
4	Jill Dyer	Church Hill MD	44	55	52:10.5	52:24.3	16:54/M

Female 50 to 59

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Cheryl Myers	Slaughter Beach DE	57	37	32:49.2	32:50.1	10:35/M
2	Silene Mafezoli	Curitiba	50	38	33:39.2	33:45.7	10:53/M

Female 60 and Over

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Carol Meteyer	Milford DE	64	25	28:54.2	28:56.8	9:20/M
2	Kathy Kunkle	Milford DE	63	26	29:26.1	29:28.4	9:30/M
3	Louise Holt	Milford DE	60	39	33:48.8	33:55.6	10:56/M
4	Gwen Guerke	Milford DE	70	50	45:38.7	45:46.5	14:46/M

Male Open Champion

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Ryan Lewis	Charleston SC	29	1	20:05.0	20:05.0	6:29/M

Male Masters Champion

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Gerard Jones	Milford DE	43	2	20:31.0	20:31.0	6:37/M

Male 10 and Under

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Owen Rosko	Camden Wyoming DE	9	30	30:30.1	30:35.6	9:52/M

Male 11 to 14

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Jayvon Laguerre	Milford DE	14	12	24:48.7	24:50.4	8:01/M
2	Caiden Garber	Dover DE	12	13	24:56.4	24:57.7	8:03/M
3	TJ Gonzon	Middletown DE	13	43	37:17.2	37:32.7	12:06/M

Male 20 to 29

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Max Slaiman	Washington DC	28	7	22:12.3	22:15.0	7:11/M

Male 30 to 39

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Andrew Rosko	Camden Wyoming DE	35	6	21:52.7	21:53.4	7:04/M
2	Dj Garber	Dover DE	33	10	22:54.3	23:03.5	7:26/M
3	Steve Ridzon	Annapolis MD	38	15	25:30.0	25:33.9	8:15/M
4	Kaleb Cruise	Creston NE	31	18	26:38.9	26:40.7	8:36/M
5	Garret Valencik	Smyrna DE	34	21	27:24.2	27:35.2	8:54/M
6	Matthew Breece	Milford DE	36	24	28:41.8	28:48.4	9:17/M
7	Jeff White	Silver Spring MD	39	34	31:51.5	31:55.2	10:18/M

8	Lucas Baechtold Da Si Curitiba	30	52	46:32.5	46:39.3	15:03/M
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Male 40 to 49

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Matt Sparacino	Harrington DE	40	3	20:35.2	20:36.1	6:39/M
2	Greg Massey	Felton DE	48	5	21:29.6	21:30.5	6:56/M
3	John Blackford	Milton DE	41	11	23:58.8	24:00.1	7:45/M
4	Mark Carter	Milton DE	44	29	30:02.6	30:05.1	9:42/M
5	Javier Suarez	Seaford DE	49	33	31:31.8	31:34.3	10:11/M

Male 50 to 59

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Chip Tucker	Annapolis MD	55	14	25:01.0	25:02.5	8:05/M
2	Mike Hahn	Smyrna DE	50	41	34:21.0	34:26.7	11:06/M
3	Chris Comer	Solomons MD	51	45	40:59.1	41:00.7	13:14/M
4	Scott Frizzell	Chadds Ford PA	52	46	42:12.4	42:23.9	13:40/M

Male 60 to 69

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	The Caboose	Seaford DE	63	16	26:16.7	26:20.2	8:30/M
2	Craig Parson	Lawrenceville NJ	64	19	26:45.1	26:47.7	8:38/M
3	John Forest	Minden NV	64	27	29:32.3	29:38.9	9:34/M
4	David Waslewski	Philadelphia PA	61	36	32:45.3	32:49.9	10:35/M
5	Mark Pinkus	Selbyville DE	62	40	34:16.5	34:18.5	11:04/M

Male 70 and Over

PLC	Name	City	Age	O'All	Chip	Gun	Pace
1	Charles Matthews	Camden DE	70	49	44:23.6	44:25.8	14:20/M